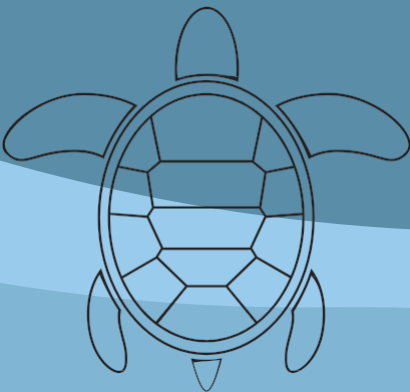




41st ANNUAL REPORT
2019-2020

*Indigenous
Women's
Healing Centre*

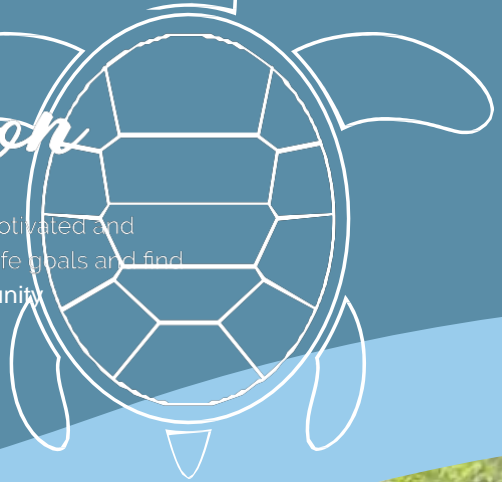


Our Mission

Indigenous Women's Healing Centre provides a safe place for women to live, heal and grow through our Indigenous teachings, values and beliefs.

Our Vision

Confident women who are motivated and determined to achieve their life goals and find their belonging in our community.





Our Roots

Since 1979, the Indigenous Women's Healing Centre (IWHC) formerly known as Native Women's Transition Centre Inc. (NWTC) has worked to support and strengthen Indigenous women and mothers on their journey of healing and recovery from impacts of colonialism, residential schools, generational trauma, lateral violence, substance abuse, poverty or homelessness, institutionalization and/or other systemic issues.

Since Opening our doors, IWHC has provided a long-term safe housing option for over 10,000 Indigenous women and their children. During their stay with us, women are encouraged to return to their cultural roots to meet life's challenges, build on personal gifts and strengths and undergo healing transformation by learning together as a collective.



MESSAGE FROM OUR EXECUTIVE DIRECTOR

Thank you for your support of the Indigenous Women's Healing Centre.

2019-2020 has been a very busy and exciting year.

At North Star Lodge we have been full of beautiful children with their moms since the moratorium was lifted in July 2019!!! It has been amazing watching babies grow and moms flourishing once again.

Memengwaa Place has been getting minor renovations as the suites become vacant. All the suites are beginning to look nice again. Memengwaa continues to provide safe and supportive independent housing for women and their children.

Eagle Women's Lodge officially became a section 81 facility in July of 2019!! We are only the second Women's Healing lodge in all of Canada. This is something we are all proud of because it allows us to repatriate our Manitoba women back closer to home and we can start reunifying families.

Kichji Miigwetch – Akosi – Thank You - To all the staff and management team for remaining committed in providing support to all our residents as they move forward in their journeys.

We would also like to thank all the organizations and groups who continue to provide donations of goods to provide to our residents. Also to our committed funding partners who continue to support us including The Province of Manitoba-Dept of Families, Correctional Service of Canada, Manitoba Housing, United Way, Province of Manitoba -Dept of Health, Seniors and Healthy Living, and the City of Winnipeg.

Thank you to our Board of Directors who have been volunteering their time to provide support, guidance and insight at the governance level.

I would also like to acknowledge the support we have been shown this past year not only by our funders, but also our visits from Senators, Ministers of Parliament, and other Government Representatives at National, Provincial and Municipal levels.

Stay Well, Stay Healthy, Stay Safe

Respectfully

Rachel Charette, Board Chair
Annetta Armstrong, Executive Director

OUR BOARD OF DIRECTORS



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Chairperson



Tammy Christensen
Vice Chair



Trudy Martens
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Chantel Fiola
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Director



Sheila North
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OUR AUDITORS

Thornton & Co. Ltd

OUR ELDER

“They strive to teach by example – by living their lives according to deeply ingrained Indigenous principles, values and teachings and show us the path to our traditional roots”

– Miigwetch to **Jo Jo Sutherland**

OUR STAFF

NORTH STAR LODGE

Annetta Armstrong
Maureen Campbell
Tracy Noga
Darlene Hall
Gloria Nobiss
Marie (Jojo) Sutherland
Danielle Rocher- Guerts
April Linklater
Linda Migwans

Robin Roberts
Rosemary Land
Hope Fitzgerald
George Lowe
Tja Dumas
Helen Beaulieu
Sarah Williams
Isabel Heide
Lori Bignell
Deanna Ducharme

EAGLE WOMEN'S LODGE

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Lisa Licroix
Aubrey Roche
Eileen Kriskovic
Theresa Sandy
Marilyn Ross
Joan Hay
Carol Cuss
Cherly Major

Charmaine Gabriel
Beverly Dahn
Ashley Sutherland
Genevieve Sinclair
Jade Campbell-Bowers
Olivia Schultz
Quintelle Simmons

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Amy Dumas
Andrea Dunbar
Bonnie Thompson
Gina Settee
Sarapreet Sidhu
Cynthia Broadfoot
Jenilyn Bacay
Joyce Clarke
Josephine Fagnon
Rosalynd McKinney

Holliday Fisher-Holmes
Joy Migwans-Siemens
Pam Nabess
Evelyn Crate
Paul Ozten
Renee Dueck
Elizabeth Linklater
Andrea Cloud
Jasmine Forest
Desiree Buhler

CHILD MINDERS

Armanpreet Kaur
Simranjit Kaur

PROJECT MANITOWABI

Eric Perez



NORTH STAR LODGE

North Star Lodge is a one year voluntary residential safe and supportive home for women who are committed to making significant life changes. This site offers a full schedule of in-house programs including parenting, relapse prevention, healthy relationships, addiction awareness and practical/life skills. All residents are required to attend counselling as well as work closely with a case manager to identify short and long term goals.

North Star Lodge includes a shared residential living room, commercial kitchen, dining room, classroom, exercise room, children's play area, board room and a healing room which is available for smudging, praying and/or singing at any time. For added security, video cameras are located inside and outside of the facility.

Program Overview:

Holistic and comprehensive supports and services are provided to Indigenous women and their children. North Star Lodge strives to provide opportunities for women to heal and grow through programming, counselling and traditional Indigenous teachings and ceremony.

MEMENGWAA PLACE

Memengwaa Place is considered a “second stage” building that offers seven fully furnished apartment units. Memengwaa provides an independent living setting for women who have children in their care, while still having complete access to the supports offered at North Star Lodge.

This facility includes a resident house mom who is available to the residents of this building. Memengwaa also offers added security with cameras located inside and outside of the facility.





EAGLE WOMEN'S LODGE

Eagle Women's Lodge is a Section 81 Healing Lodge able to accommodate up to 30 women involved with the Correctional Service of Canada. This setting promotes community re-integration in a safe and supportive environment. Culturally relevant programs and services and family reunification will be offered to residents to promote healing and transformation.

Our facility provides:

Basic security and safety of residents monitored by security cameras and 24/7 residential support staff;

Access to basic needs such as food, clothing, bedding and hygiene products;

Access to clean housing – a semi/fully furnished suite or room with a bed, dresser, washer/dryer, kitchen access, Healing Room, and common area spaces;

Access to individual supports and group programs with in-house Healing Plan Coordinators, Counseling, Peer Mentorship, Outreach Services and traditional ceremonies and activities;

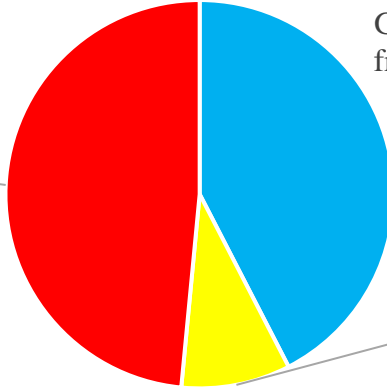
Access to external services and supports when the need is indicated in resident Healing Plans

Statistics

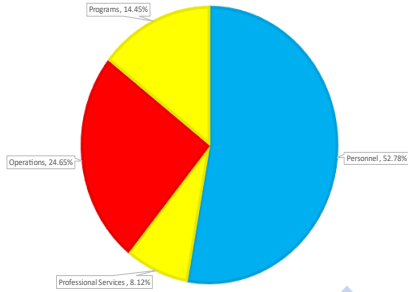
Children reunified with mom while residing at NSL
16

Graduates from NSL
14

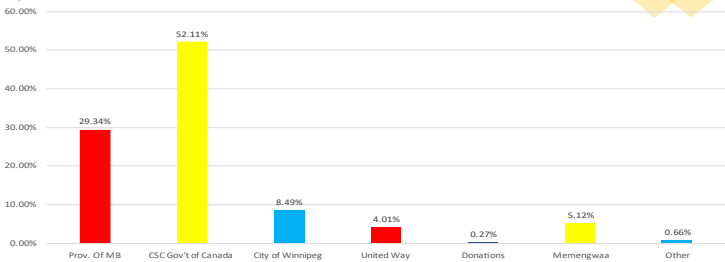
Children who moved in with mom
3



EXPENSES



Revenues



EVERY LITTLE BIT HELPS

A special acknowledgment to our sponsors and donors. With your support, you have helped grant thousands of women and their children a second chance in life.

GET INVOLVED

You can donate by visiting online at Canadahelps.com

Or mail any donation to: Indigenous Women's Healing Centre
105 Aikins Street
Winnipeg, MB R2W 4E6



MIIGWETCH TO OUR FUNDERS



Province of Manitoba



Government of Canada



United Way



City of Winnipeg



L.I.T.E.

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Joan Bailey

TC Energy

Scotia Bank-Windsor Park

Gabriel Tougas

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Chantel Reynolds Qualico Don Burnstick

All Charities Campaign-Prov of MB

In honor of Nancy Bell

In memory of Norman Watkins & Rose de Souza

In name of Justice Jeffrey Harris

CN Employees' and Pensioners' Community Fund Campaign



NORTH STAR LODGE
105 Aikins Street
Winnipeg, MB R2W 4E6

MEMENGWAA PLACE
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Winnipeg, MB R2W 5N4

EAGLE WOMEN'S LODGE
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