



43rd Annual Report

2021-2022

*Indigenous  
Women's  
Healing Centre*



## *OUR MISSION*

*Indigenous Women's Healing Centre provides a safe place for women to live, heal and grow through our Indigenous teachings, values and beliefs.*

## *OUR VISION*

*Confident women who are motivate and determined to achieve their life goals and find their belonging in our community.*





# Our Roots

Since 1979, the Indigenous Women's Healing Centre (IWHC) formerly known as Native Women's Transition Centre Inc. (NWTC) has worked to support and strengthen Indigenous women and mothers on their journey of healing and recovery from impacts of colonialism, residential schools, generational trauma, lateral violence, substance abuse, poverty or homelessness, institutionalization and/or other systemic issues.

Since Opening our doors, IWHC has provided a long-term safe housing option for over 10,000 Indigenous women and their children. During their stay with us, women are encouraged to return to their cultural roots to meet life's challenges, build on personal gifts and strengths and undergo healing transformation by learning together as a collective.

## *MESSAGE FROM THE CHAIR OF THE BOARD & EXECUTIVE DIRECTOR*

2021-2022 has been a year of Hope for Indigenous Women's Healing Centre as COVID-19 restrictions ease up.

For another year, all three sites have worked hard to continue to provide the best support for our Women and Children. North Star Lodge has had moms successfully reunify with their children, and launched the massive kitchen renovation. Eagle Women's Lodge started filling up again with more residents and began facilitating the Spirit of the Warrior program. Memengwaa Place has had a security upgrade with new fob locks and security cameras for our women and children living independently.

Our residents have worked hard this year and have achieved a new level of personal growth and healing. We would like to acknowledge the commitment they have in themselves.

We would like to thank the Staff and the Management for their hard work and commitment through another year of restrictions. We appreciate all the support, kindness and caring that is shown to our residents and to each other.

Thank you to our Board of Directors who have been volunteering their time to provide guidance and insight throughout the year.

We would also like to thank all the organizations and groups who continue to provide donations of goods for our residents. Also, to our committed funding partners who continue to support us including The Province of Manitoba-Dept of Families, Correctional Service of Canada, Manitoba Housing, United Way, Province of Manitoba -Dept of Health, Seniors and Healthy Living, Winnipeg Foundation and the City of Winnipeg.

We are proud of the Indigenous Women's Healing Centre, and we are looking forward to better things to come.

Respectfully

Tammy Christensen, Board Chair  
Annetta Armstrong, Executive Director

*OUR BOARD OF DIRECTORS*



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*Chairperson*



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*Vacant*  
*Director*

*OUR AUDITORS*

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## OUR STAFF

### North Star Lodge & Eagle Women's Lodge

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Tracy Noga  
Darlene Hall  
Gloria Nobiss  
Marie (Jojo) Sutherland  
Danielle Rocher- Guerts  
April Linklater  
Linda Migwans  
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Songgirl Houle  
Angelica Van-Bastelaere



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Tracy Booth  
Eileen Kriskovic  
Cherly Major  
Elizabeth Linklater  
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Jessie German  
Meagan Dutka  
Danya Wheeler  
Cynthia Hastings  
Natasha Reske-Naurocki  
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Hope Fitzgerald  
Carol Cuss  
Natasha Peterson  
Evelyn Crate  
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Kristy Mckay  
Stephanie Miles  
Courtney Patkau  
Charlene Gladu  
Yvonne Ducharme



## NORTH STAR LODGE

**North Star Lodge** is a one year voluntary residential safe and supportive home for women who are committed to making significant life changes. This site offers a full schedule of in-house programs including parenting, relapse prevention, healthy relationships, addiction awareness and practical/life skills. All residents are required to attend counselling as well as work closely with a case manager to identify short and long term goals.

North Star Lodge includes a shared residential living room, commercial kitchen, dining room, classroom, exercise room, children's play area, board room and a healing room which is available for smudging, praying and/or singing at any time. For added security, video cameras are located inside and outside of the facility.

### **Program Overview:**

Holistic and comprehensive supports and services are provided to Indigenous women and their children. North Star Lodge strives to provide opportunities for women to heal and grow through programming, counselling and traditional Indigenous teachings and ceremony.

## MEMENGWAA PLACE

**Memengwaa Place** is considered a “second stage” building that offers seven fully furnished apartment units. Memengwaa provides an independent living setting for women who have children in their care, while still having complete access to the supports offered at North Star Lodge.

This facility includes a resident house mom who is available to the residents of this building. Memengwaa also offers added security with cameras located inside and outside of the facility.







## EAGLE WOMEN 'S LODG E

**Eagle Women's Lodge** is a Section 81 Healing Lodge able to accommodate up to 30 women involved with the Correctional Service of Canada. This setting promotes community re-integration in a safe and supportive environment. Culturally relevant programs and services and family reunification will be offered to residents to promote healing and transformation.

### **Our facility provides:**

Basic security and safety of residents monitored by security cameras and 24/7 residential support staff;

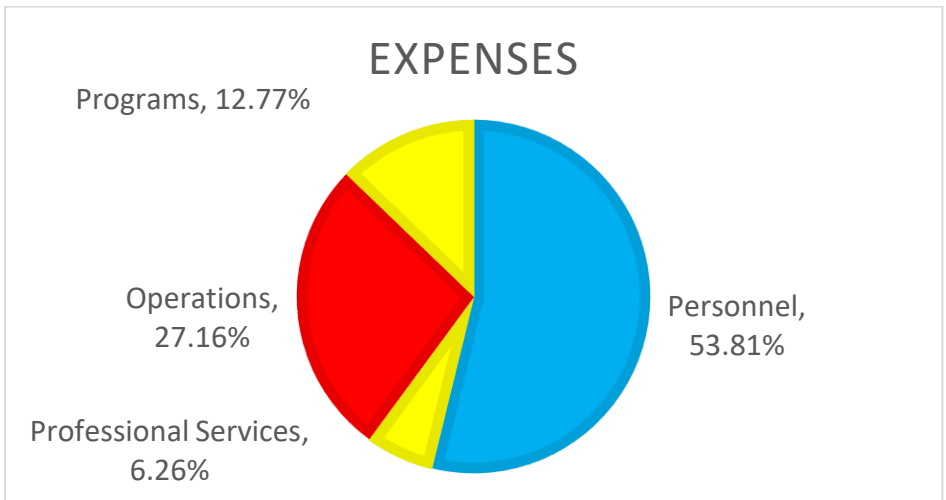
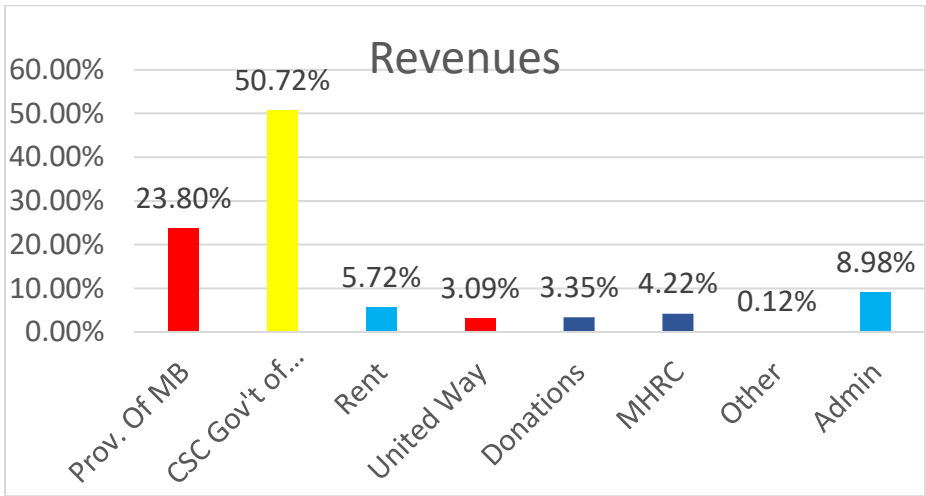
Access to basic needs such as food, clothing, bedding and hygiene products;

Access to clean housing – a semi/fully furnished suite or room with a bed, dresser, washer/dryer, kitchen access, Healing Room, and common area spaces;

Access to individual supports and group programs with in-house Healing Plan Coordinators, Counseling, Peer Mentorship, Outreach Services and traditional ceremonies and activities;

Access to external services and supports when the need is indicated in resident Healing Plans

## FINANCIALS



## *STATISTICS*



*North Star Lodge*

*Number of Residents - 19*  
*Children reunified with mom - 14*  
*Stage two - 2*



*Memengwaa Place*

*Number of Residents - 6*



*Eagle Women's Lodge*

*Number of Residents - 28*

**“Reconciliation is the goal. To obtain reconciliation, collective efforts from all peoples is needed in order to revitalize the relationship between Indigenous peoples and Canadian society. It will take the commitment of multiple generations but once it is achieved, it will make for a better, stronger Canada”**

**Truth and Reconciliation Commission of  
Canada, Report, 2015**

**EVERY LITTLE BIT HELPS**

A special acknowledgement to our sponsors and donors. With your support, you have helped grant thousands of women and their children a second change in life.

**GET INVOLVED**

You can donate by visiting online at **[Canadahelps.com](http://Canadahelps.com)**

**Or mail any donation to:**

**Indigenous Women’s Healing Centre Inc.**

105 Aikins Street

Winnipeg, MB R2W 4E6



# MIIGWETCH TO OUR FUNDERS



Government of Canada  
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Canada

Manitoba



## *MIIGWETCH TO OUR DONORS*

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North Star Lodge

105 Aikins Street

Winnipeg, MB

R2W 4E6

Ph 204-989-8240

Fax 204-586-1101

Memengwaa Place

116 Robinson Street

Winnipeg, MB

R2W 5N4

Toll Free 1-888-0710

Eagle Women's Lodge

667 Ellice Avenue

Winnipeg, MB

R3G 0A8

Ph 204-415-7615

Fax 204-415-0934

