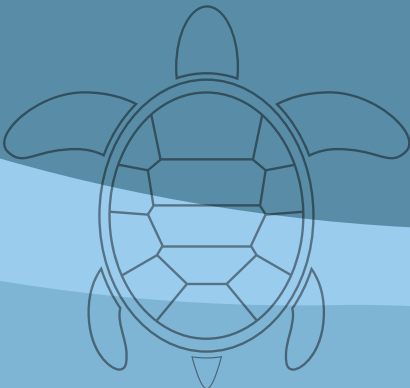




40th ANNUAL REPORT
2018-2019

*Indigenous
Women's
Healing Centre*



Our Mission

Indigenous Women's Healing Centre provides a safe place for women to live, heal and grow through our Indigenous teachings, values and beliefs.

Our Vision

Confident women who are motivated and determined to achieve their life goals and find their belonging in our community.





Our Roots

Since 1979, the Indigenous Women's Healing Centre (IWHC) formerly known as Native Women's Transition Centre Inc. (NWTC) has worked to support and strengthen Indigenous women and mothers on their journey of healing and recovery from impacts of colonialism, residential schools, generational trauma, lateral violence, substance abuse, poverty or homelessness, institutionalization and/or other systemic issues.

Since Opening our doors, IWHC has provided a long-term safe housing option for over 10, 000 Indigenous women and their children. During their stay with us, women are encouraged to return to their cultural roots to meet life's challenges, build on personal gifts and strengths and undergo healing transformation by learning together as a collective.



MESSAGE FROM OUR CHAIR

On behalf of the Board of Directors of Indigenous Women's Healing Centre I am pleased to provide this report on our activities over the past year. It has been busy and exciting as we enter our 40th year of supporting and strengthening Indigenous women and mothers on their journey of healing and recovery from family violence, addictions, intergenerational trauma and institutionalization. Since its inception, the Indigenous Women's Healing Centre has offered a safe place for over 10,000 Indigenous women and their children.

We have been working towards a number of goals over the last year, including: working with Corrections Services Canada on having our Eagle Women's Lodge become a section 81 facility for women serving federal sentences, updating our policies and procedures, meeting with funders to report on activities and funding renewals, working to lift the ban on children in care in our facilities, strengthening our cultural program which includes building a sweatlodge at our North Star Lodge, liaising and partnering with other agencies to better serve the community and concluding the negotiation of our collective agreement.

Thank you to the Executive Director, Annetta Armstrong, and the staff who have worked very hard to ensure we have been able to reach our goals. Thank you also to my fellow board members: Tammy Christensen, Trudy Martens, Chantal Fiola, Velma Orvis, Tannyce Cook, Tanis Wheeler, Marileen Bartlett and Chantell Barker, who have volunteered their time over the past year to provide regular oversight and direction to the agency and assist with committee work and executive functions.

I would also like to gratefully acknowledge our funders who have continued to support us in providing much needed supports to women and children in our community: Province of Manitoba, City of Winnipeg, United Way of Winnipeg, Manitoba Housing Renewal Corp, and Government of Canada. Thank you to all of our other supporters, donors, students and volunteers who have helped us serve the community and achieve our goals.

Lastly, I would like to acknowledge the women who have shared their journey with us as they work towards their goals. We wish you much health, happiness and success to you and your families.

Rachel Charette
Chairperson

MESSAGE FROM OUR EXECUTIVE DIRECTOR

2018-19 has been a year of change for Native Women's Transition Centre, most significantly we have completed our transition to our new name; The Indigenous Women's Healing Centre.

All three sites have been working hard to continue to provide the best support for our Women and Children. North Star Lodge has taken the lead in working with the Province of Manitoba to have a very lengthy moratorium lifted. Eagle Women's Lodge has been dedicated to developing all the necessary processes for a section 81 Healing Lodge status. Memengwaa Place has continued to provide supportive independent living to women and their children and has been almost 100% occupied for the year.

It has been a busy year for everyone.

A heartfelt thank you to the Management Team and all the Staff for their hard work and commitment. I appreciate all the support, kindness and caring that is shown to our ladies and to each other.

Thank you to our Board of Directors who have been volunteering their time to provide me with support, guidance and insight at the governance level this past year.

I would also like to acknowledge the support we have been shown this past year not only by our funders, but also our visits from Senators, Ministers of Parliament, and other Government Representatives at National, Provincial and Municipal levels.

As always, I would like to acknowledge the hard work that our residents do while residing with us. They are always an inspiration.

Respectfully

Annetta Armstrong
Executive Director

OUR BOARD OF DIRECTORS



Rachel Charette
Chairperson



Tammy Christensen
Vice Chair



Trudy Martens
Treasurer



Chantel Fiola
Secretary



Velma Orvis
Director



Tanis Wheeler
Director



Tannyce Cook
Director



Chantell Barker
Director



Marileen Bartlett
Director

OUR ELDERS

"They strive to teach by example – by living their lives according to deeply ingrained Indigenous principles, values and teachings and show us the path to our traditional roots"

– Miigwetch to **Jo Jo Sutherland, Pat and Ovide Caribou,**
and **Velma Orvis**

OUR STAFF

NORTH STAR LODGE

Annetta Armstrong
Maureen Campbell
Tracy Noga
Corrinne Tomasson
Darlene Hall
Gloria Nobiss
Marie (Jojo)
Sutherland
Jeanette Monkman
Danielle Rocher-
Guerts
April Linklater
Alexandra Beasse
Courtney Gossfeld
Linda Migwans
Robin Roberts
Rosemary Lands
Hope Fitzgerald
George Lowe

EAGLE WOMEN'S LODGE

Stephanie Eyolfson
Linda Kempers
Tracy Booth
Eileen Kriskovic
Marilyn Ross
Joan Hay
Debra Edmonds
Ashley Sutherland

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Lydia Bushie
Quintelle Simmons
Amy Dumas
Andrea Dunbar
Isabel Heide
Bonnie Thompson
Gina Settee
Sarapreet Sidhu
Genevieve Sinclair
Cynthia Broadfoot
Jenilyn Bacay

Jade Campbell-
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Joyce Clyke
Jospehine Fagnon
Rosalyn McKinney
Sunday Oteno
Cheryl Major
Olivia Schultz
Chanpreet Lotey
Tracy Beurgel

Holliday
Fisher-Holmes

Joy Migwans-
Siemens

Kahleena Miller

Pam Nabess

CHILD MINDERS

Armanpreet Kaur

Simranjit Kaur)

PROJECT MANITOWABI

Lindsey Hall

OUR AUDITORS

Thornton and Co.



NORTH STAR LODGE

The Aikins site is a "first stage" facility. It is a one year voluntary residential safe and supportive home for women who are committed to making significant life changes. This site offers a full schedule of in-house programs including parenting, relapse prevention, healthy relationships, addiction awareness and practical/ life skills. All residents are required to attend counselling as well as work closely with a case manager to identify short and long term goals. If there is any CFS involvement with children, IWHC is committed to working closely with our residents and their assigned worker to reach their identified goals.

North Star includes a shared residential living room, commercial kitchen, dining room, classroom, exercise room, children's play area, board room and a healing room which is available for smudging, praying and/or singing at anytime. For added security, video cameras are located inside and outside of the facility.

MEMENGWAA PLACE

Memengwaa Place is considered a "second stage" building that offers seven fully furnished apartment units. Memengwaa provides an independent living setting for women who have children in their care, while still having complete access to the support offered at North Star Lodge.

This facility includes a resident house mom who is available to the residents of this building. Memengwaa also offers added security with cameras located inside and outside of the facility.





EAGLE WOMEN'S LODGE

Eagle Women's Lodge is a three-story building consisting of fifteen fully-furnished apartment suites for women who are involved with the justice system. This unique lodge offers a safe, secure and structured environment for up to 45 residents (including children). Eagle Women's Lodge offers programs such as resident sharing circles, basic life training skills, group learning with our Elder that can consist of bead work, sewing ceremonial skirts and the option of attending sweats. The unique goal of this building is to re-integrate women into society with the tools and knowledge they need in order to live a healthy lifestyle.

The case managers work closely with each resident to identify, define, and achieve short and long term goals. Proactive relationships with collateral partners such as Correctional Services Canada (CSC), Manitoba Justice Probation Services, Child & Family Services, Employment & Income Assistance are made to ensure the needs of all the residents are being met; correctional plans or bail and probation orders are being adhered to; and individual case plans are being worked on.

SPOTLIGHT: BRITTANY'S STORY

Indigenous Women's Healing Centre has been nothing but encouraging and sympathetic since I arrived one year ago. I was in treatment and I didn't know what the next step was going to be. I had come from a smaller city and had zero plans of going back. My sister found this place online and I applied. I was very lucky to get in right after treatment and my son arrived a few days later to join me here.

When I came in I thought I was only going to tell them my bare minimum of my life so I could move on. It wasn't until started building bonds with staff that I realized they care for me and my son's well-being and they wanted to see me succeed. This year has gone by so fast. I still feel that there is a lot to learn in my recovery but I'm beyond thankful for the women at the Indigenous Women's Healing Centre. It feels good to know I'm always going to have their support. Thank you all so much.

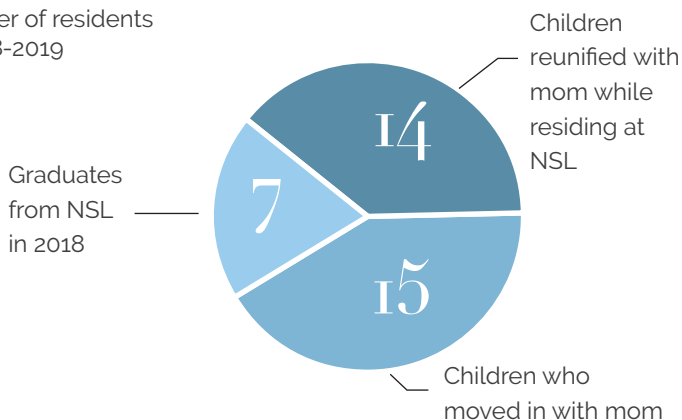
Brittany F.

Resident at North Star Lodge



NORTH STAR LODGE STATISTICS

45 Number of residents in 2018-2019

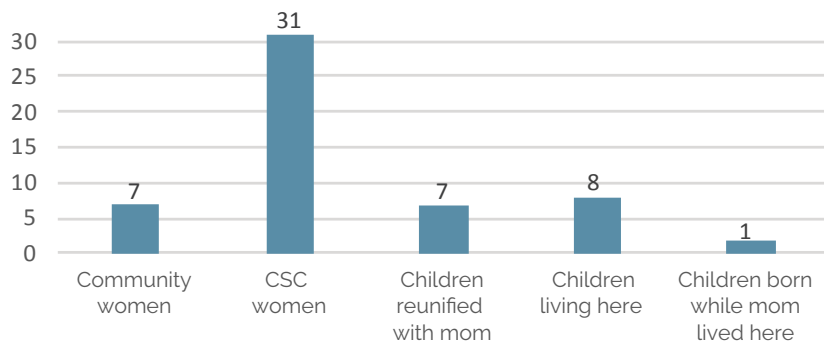


MEMENGWAA PLACE STATISTICS

11 Average number of residents in 2018-2019

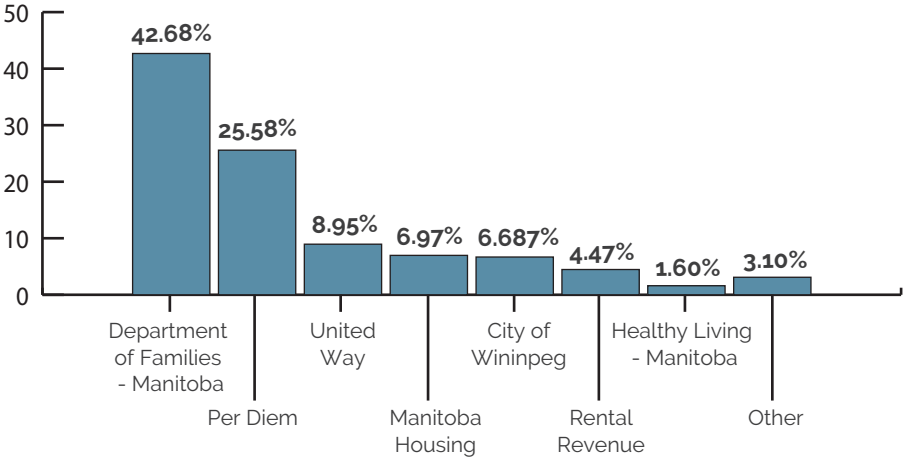
21 Average number of children residents in 2018-2019

EAGLE WOMEN'S LODGE STATISTICS

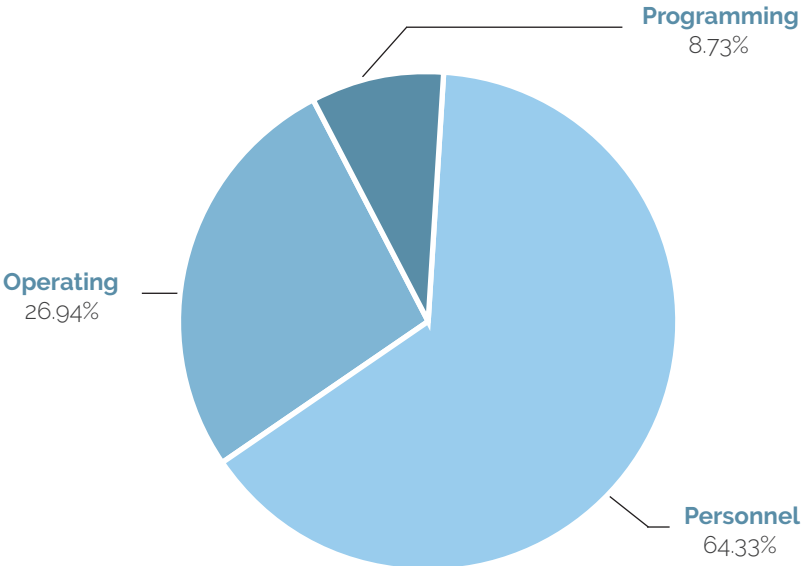


FINANCIALS

Breakdown of Revenues



Breakdown of Expenses



"Reconciliation is the goal. To obtain reconciliation, collective efforts from all peoples is needed in order to revitalize the relationship between Indigenous peoples and Canadian society. It will take the commitment of multiple generations but once it is achieved, it will make for a better, stronger Canada."

**Truth and Reconciliation Commission of Canada,
Report, 2015**



EVERY LITTLE BIT HELPS

A special acknowledgment to our sponsors and donors. With your support, you have helped grant thousands of women and their children a second chance in life.

GET INVOLVED

You can donate by visiting online at **Canadahelps.com**

Or mail any donation to: Indigenous Women's Healing Centre
105 Aikins Street
Winnipeg, MB R2W 4E6

MIIGWETCH TO OUR FUNDERS



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Government of Canada

Gouvernement du Canada



United Way



City of Winnipeg



L.I.T.E.

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Executive Team
St. Boniface Hospital
Jackie Brookes



NORTH STAR LODGE

105 Aikins Street
Winnipeg, MB R2W 4E6

MEMENGWAA PLACE

116 Robinson Street
Winnipeg, MB R2W 5N4

EAGLE WOMEN'S LODGE

667 Ellice Avenue
Winnipeg, MB R3G 0A8

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